

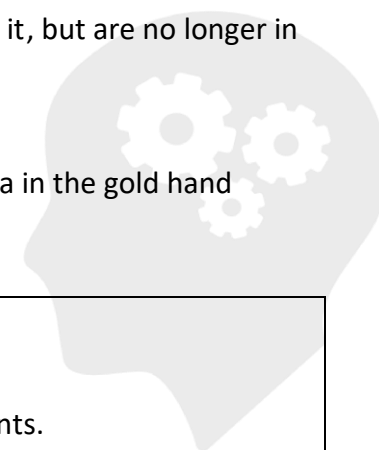
Head: Leadership, Knowledge & Understanding, Analysis, Decision Making, Tactical

Developing or Secure?

Developing - This means you have started to acquire 2 or more of the criteria in this standard. You may not have met every aspect of it, but are no longer in the standard below.

Secure - This means you have secured a standard and met the majority of the criteria in it.

For example, developing gold hands means you have already secured silver hands and are now starting to acquire some of the criteria in the gold hand standard.



Bronze	<ul style="list-style-type: none">• I am beginning to show limited elements of leadership in warmups to a partner in one curriculum-based activity.• I can identify the use of some basic skills, both in isolated progressive drills and in applied full context competitive environments.• I can use some correct terminology to describe my own and other performances in team and individual activities.• I can use some simple feedback to recognise strengths and areas in need of future development.• I can recall some of the benefits of leading a healthy active lifestyle and its implications on anatomy and physiological principles.• I am beginning to understand how to make decisions in team and individual activities successfully and how tactical knowledge is applied appropriately to many activities to outwit opponents.
Silver	<ul style="list-style-type: none">• I take some responsibility to lead some elements of warmups to a partner in few curriculum-based activities.• I can describe some elements of basic skills, both in isolated progressive drills and in some competitive environments.• I can use simple terminology to describe my own and other performances in team and individual activities.• I can identify some strengths and areas in need of future development for a partner's performance accurately.• I can identify the basic benefits of leading a healthy active lifestyle and its implications on some anatomy and physiological principles.• I can identify and apply decisions in some team and individual activities successfully, although this can be inconsistent across a varied range of activities. Tactical knowledge is beginning to be exhibited in some activities to outwit opponents.

Gold	<ul style="list-style-type: none"> • I have a sound ability to lead elements of warmups to a partner in various curriculum-based activities. • I can explain the technical application of skills, both in isolated progressive drills and in applied full context competitive environments. • I can use a sound level of terminology to precisely analyse both my own and other performances in both team and individual activities. • I can provide sound and appropriate feedback to identify strengths and areas in need of future development. • I have a sound knowledge and understanding of the benefits of leading a healthy active lifestyle and its implications on anatomy and physiological principles. • I can make accurate decisions in some team and individual activities, although this can deteriorate in some competitive team activities. Tactical knowledge is applied accordingly to some activities to outwit opponents.
Platinum	<ul style="list-style-type: none"> • I can lead effective, well-structured warmups and some progressive drills to my peers during many curricular activities. • I can evaluate the technical application of skills, both in isolated progressive drills and in applied full context competitive situations. • I can use ambitious terminology to correctly analyse both my own and others' performances in team and individual activities. • I can provide detailed and appropriate feedback identifying strengths and areas in need of future development. • I have a developed knowledge and understanding of the benefits of leading a healthy active lifestyle and its implications on anatomy and physiological principles. • I can make justified decisions in many team and individual activities successfully. Tactical knowledge is advanced and well applied to many activities outwitting opponents.
Diamond	<ul style="list-style-type: none"> • I confidently lead effective and well-structured warm-ups, progressive drills, and modified games to my peers during most curricular activities. • I can justify the technical application of skills, both in isolated progressive drills and in applied full context competitive environments. • I can use complex terminology to accurately analyse both my own and others' performances in team and individual activities. • I can specific specific and timely feedback to identify strengths and areas in need of future development. • I have an extensive knowledge and understanding of the benefits of leading a healthy active lifestyle and its implications on anatomy and physiological principles. • I can make complex and precise decisions in many team and individual activities successfully. Tactical knowledge is advanced and is applied appropriately to many activities to outwit opponents.

