

GROUP A

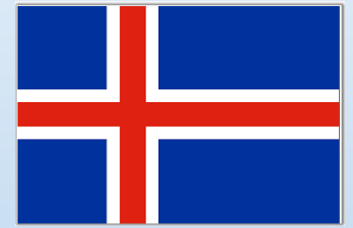
Ahmed,Ridwan
Al-Daftary,Sophia
Amridinov,Sardor
Beckett,Eleanor
Bland,Charlie
Hyett,Jamie
Ingram,Ella
Caine,Ryan
Carlisle,Tommy
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Mistry,Arjun
Norris,Maxwell
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Tilsley,Michael
Warner,Harrison
Whiteman-
Strugnell,Flynn
Willingham,Nadia
Wilson,Joe
Zannini
Posadas,Arianna
Gem McColl

GROUP B

Adey,Todd
Ali-Fogarty,Fabio
Atkins,Will
Banfield,Lola
Lambert,Maya
Brockhurst,Will
Browning,Izzy
Clark,Jenna
Crookes,Charlotte
Curtis,Rhyce
Fretton,Oliver
Frugtniet,Callum
Gray,Josh
Green,Maddie
Habib,Ibrahim
Hanks,Guy
Haskey,Darrah
Tommy Vokes
Fowell,Thomas
Maytham,Zachary
Jones,Tom
Kerr,Shannon
Laad,Anaaya

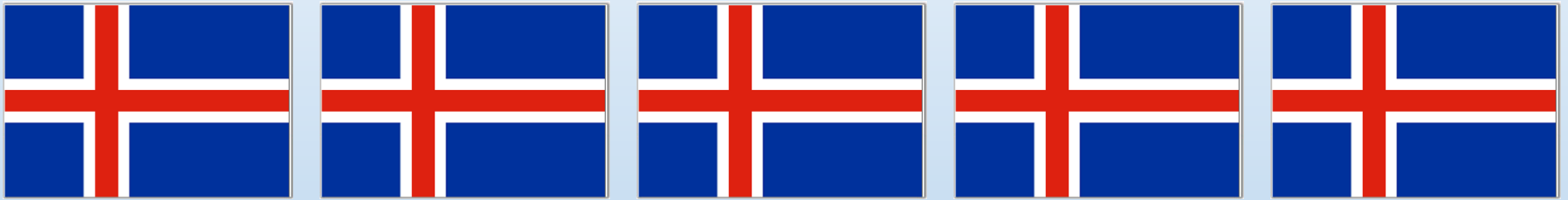
Levy,Adam
Brown,Dan
Moore, Bradley
Newland,Jacob
Oliver,Harry
Patrick,Isla
Peach,Kylie
Pitman,Jamie
Ratcliffe,Lucy
Rickerd,George
Sahota,Rohan
Sainty,Tom
Saville,Eli
Sewell,Max
Sonpal,Hari
Sundram,Ethan
Taggart,Caragh
Taylor,Luca
Vaughan,Katie
Walker,William
Weedon,James
Wild,Leo
Wood,Charlie
Wright,Talya
Tomey,Rosie



Geography Trip to Iceland

Saturday 22nd – Wednesday 26th October 2022





Geography Trip to Iceland

Saturday 22nd – Wednesday 26th October 2022

Staff:

Mr Shepherd: Trip Leader

Mrs Aellen, Mrs Mulligan, Mrs Rood, Mr T Baldwin

Ms Parker: Trip Leader,

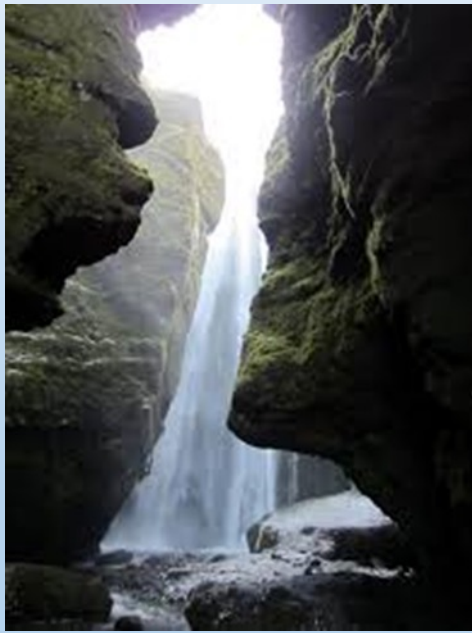
Mrs Armstrong, Mrs Stocks, Mr Lax, Mr D Baldwin

Information Evening:

- Why Iceland?
- Flight details
- Itinerary
- Staffing / Groups
- Accommodation
- Safety
- Kit List
- Questions
- Passports and form filling



Why Iceland?



Why Iceland?

Arctic Circle
66.5°N





WORLD OCEAN FLOOR

BY BRUCE C. HEEZEN AND MARIE THARP

United States Navy Hydrographic Office

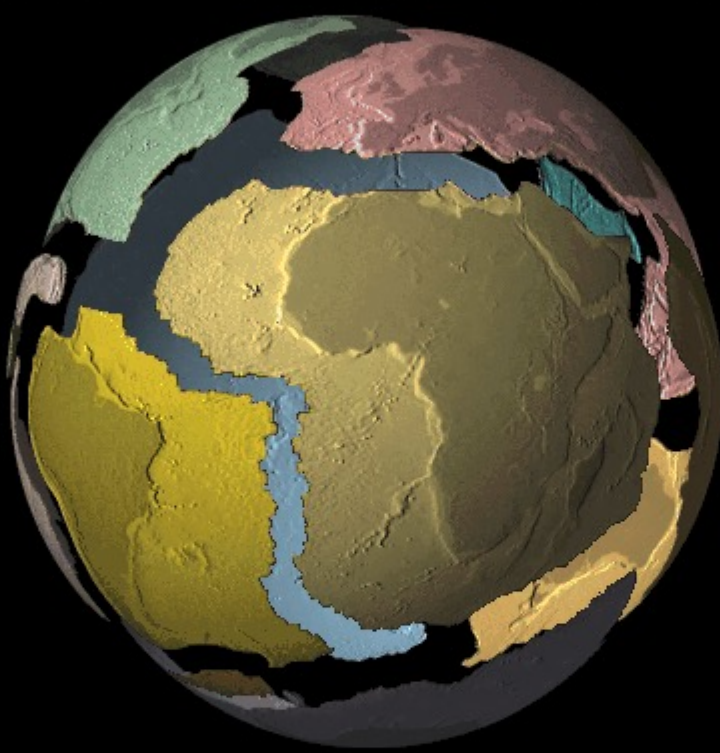
Scale of Soundings and Depths in Fathoms and Meters

UNITED STATES NAVY

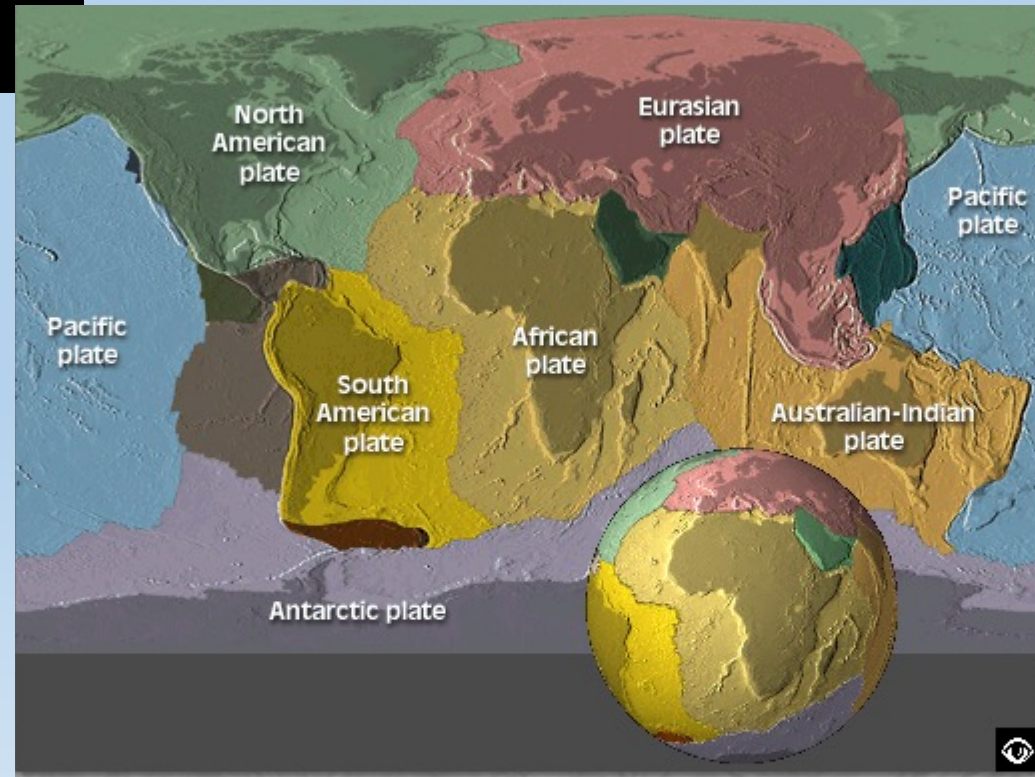


1953

The surface of the Earth, the crust, is divided up into different plates



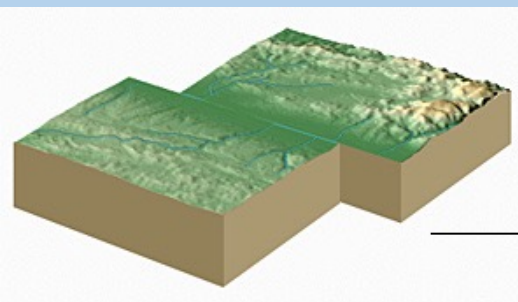
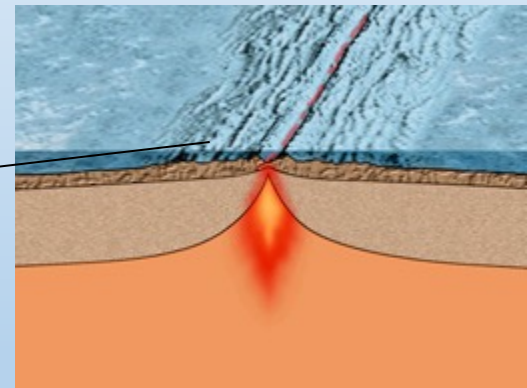
These are the 7 large plates



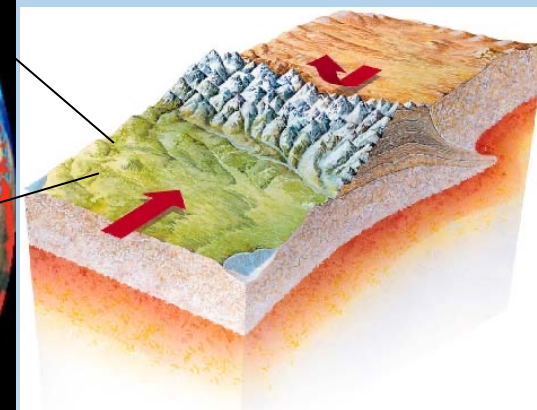
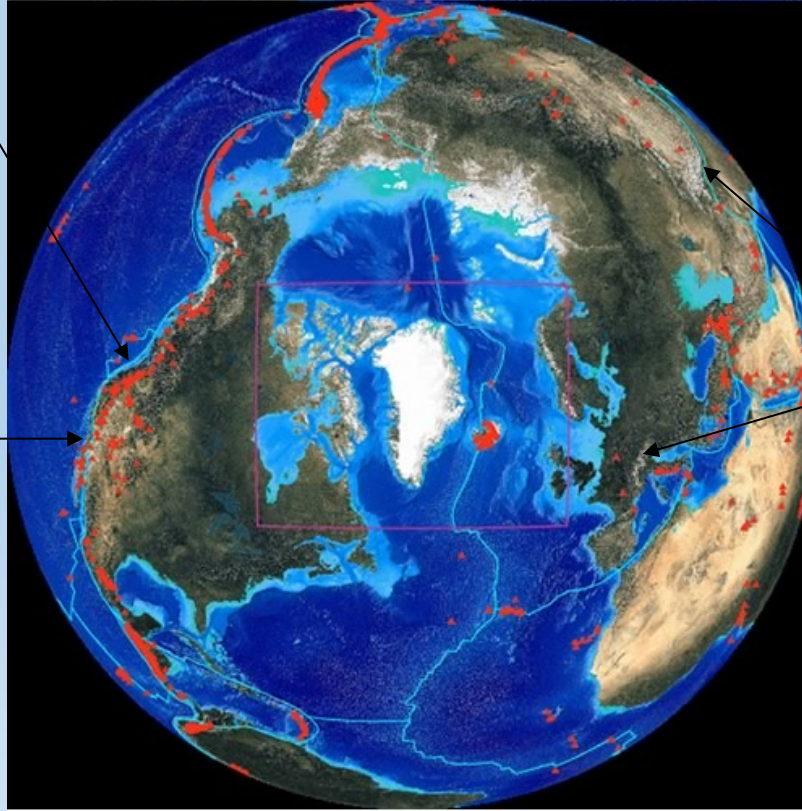
Destructive Margins



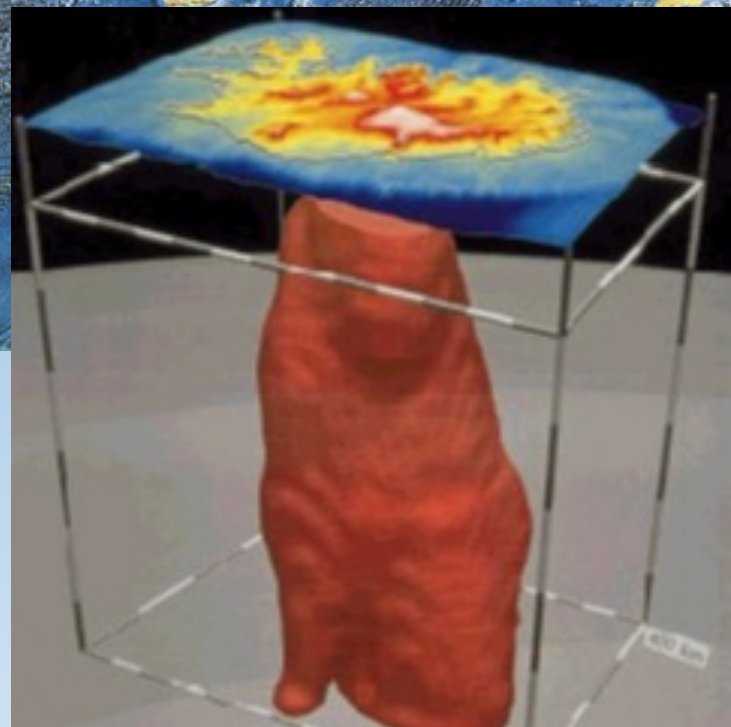
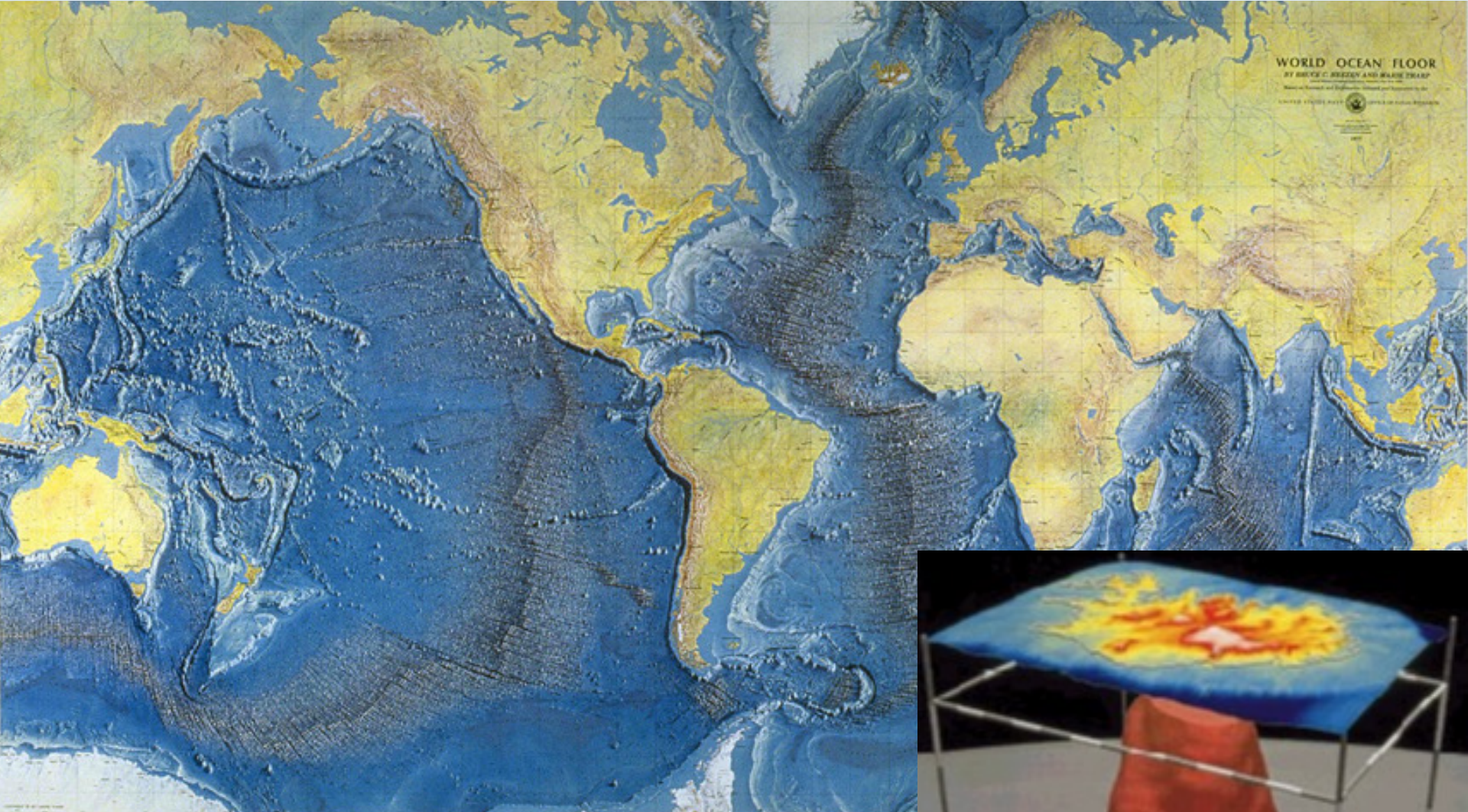
Constructive Margins



Conservative Margins



Collision Margins





Mid Atlantic Ridge, Iceland



Strokkur, Iceland



Gullfoss, Iceland



Skogar foss, Iceland



Seljalandsfoss, Iceland

Glaciers...



Iceland Glacier



Gigjökull, Iceland





Snout was here but is now here!

RETREAT!



Each year we visit there is clear evidence of climate change



Blue Lagoon, Iceland



Blue Lagoon, Iceland

Aurora Borealis

A long-exposure photograph of the Aurora Borealis (Northern Lights) over a snowy, mountainous landscape. The aurora appears as vibrant green and blue curtains of light dancing across the dark night sky. The foreground shows snow-covered hills with some dark rocks visible. The sky is filled with stars, some appearing as streaks due to the long exposure.

Northern Lights, Iceland





Itinerary:



Saturday 22nd October 2022

Meet at Thornden School at 07:00am

Students should meet on the tennis courts.

They should then go to their assigned member of staff to register

Depart	(by) 07:15
Arrive Gatwick (North T)	09:15 – 10:00
Check-in Icelandair	10:35
Depart	13:05 (BST)
Arrive Keflavik (KEF)	15:15 (GMT) (-1hr)



Return flight:- Wednesday 26th October



Check in 05:10

Depart Keflavik 07:40 (GMT)

Arrive Gatwick (+1hr) 11:55 (BST)

Arrive Thornden 14:00-15:00 (approx)



Other important travel info...

You will get a free drink on board.

But you must buy/bring food for the flight as can only buy on board using a card. Empty any Water bottles before going through check in.

- 23kg luggage allowance
- epipen/insulin/other medication in hand luggage - **need Dr's letter**
- Day bag – include warm clothing (Coat), wear your boots!
- Wear your Hoodies (if you ordered one)

*We are taking 95 students to Iceland.
Therefore....*

To accommodate the size of the group going to Iceland we will be running separate groups that will complete the same itinerary activities but in a different order: **Group A and Group B.**

Group A Day 1: (Saturday)

1. Bridge between Continents

Drive through lava fields to reach a large fissure widely acknowledge to be the Mid Atlantic Ridge



2. Sulphur pools (Gunnuhver)

A walk through mud pools and steam vents.



Transfer to Hotel Vellir

Evening

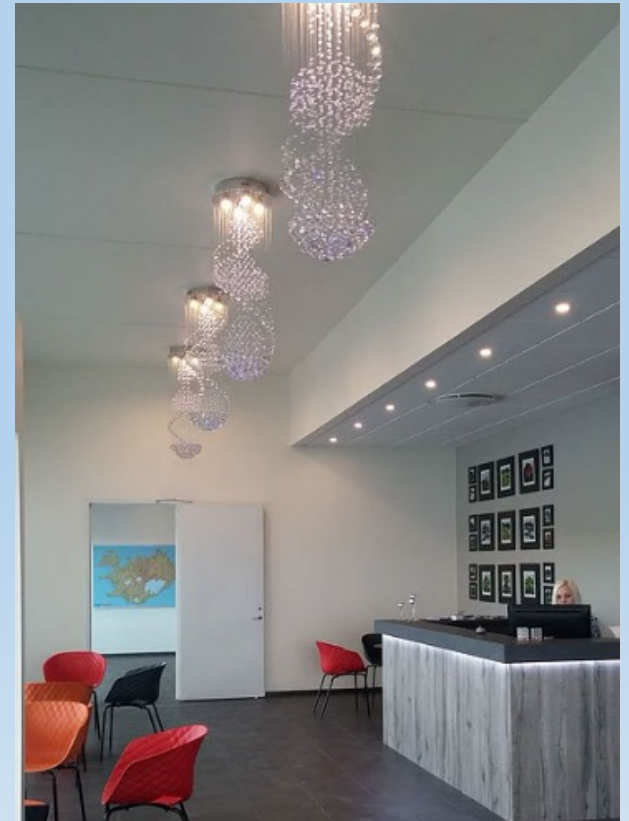
Going out for Dinner:

Meal at 'A Hansen' Restaurant



Hotel Vellir

Saturday night



Day 2: (Sunday)

1. Hveragerio (Greenhouse Town)

A place of Geothermal activity and a fabulous bakery

2. Seljalandsfoss

This waterfall's plume spills 60m and it is possible to walk behind it (subject to weather conditions)

We may even visit a hidden Waterfall...



3. Dyrholaey – Door Hill Island Arch and Vik Coastal Town

To the coast.... Observation of the world-famous arch. Then walks along the volcanic black sands to view the remarkable Reynisdrangar stacks.

Overnight Hotel Dyrholaey

Evening: Icelandic Lava Show and perhaps a viewing of the northern lights





Day 3: (Monday)

1. Reynisfjara; Visit to a volcanic black beach – Basalt Columns



2. Glacier Walk –

Guided exploration of a glacier, utterly beautiful, exploring deep crevasses and ice sculptures wearing crampons and using ice axes.

3. Skogafoss Waterfall and Folk Museum

Another of Iceland's most impressive waterfalls.



4. Hot Spring Walk Hveragerio

A walk through a Valley with Geothermally heated River that is warm to touch



Overnight

Hjaroarbol Guesthouse

Evening meal at the Hotel

Day 4: (Tuesday)

1. **Gullfoss** One of Iceland's most dramatic waterfalls

2. **Geysir**: A spouting hot spring that gave it's name to all of the world's geysers

3. Pingvellir National Park :

The sight straddles the Mid Atlantic ridge

4. Blue Lagoon

A mineral rich geothermal
Bathing lake.

Overnight Hotel Cabin

Evening:

Meal at the Hard Rock Café – Meeting up with
Group B.



Group B Day 1: (Saturday)

1. Bridge between Continents

Drive through lava fields to reach a large fissure widely acknowledge to be the Mid Atlantic Ridge



2. Sulphur pools (Gunnuhver)

A walk through mud pools and steam vents.



Transfer to Hotel Cabin

Evening

Going out for Dinner:

Meal at 'The Hamburger Factory'



Day 2: (Sunday)

1. **Gullfoss** One of Iceland's most dramatic waterfalls
2. **Geysir**: A spouting hot spring that gave it's name to all of the world's geysers
3. Pingvellir National Park :
The sight straddles the Mid Atlantic ridge

Overnight Hotel Ork

Evening Meal at the Hotel



Day 3: (Monday)

1. Seljalandsfoss

This waterfall's plume spills 60m and it is possible to walk behind it (subject to weather conditions)

We may even visit a hidden Waterfall...

2. Skogafoss and Museum

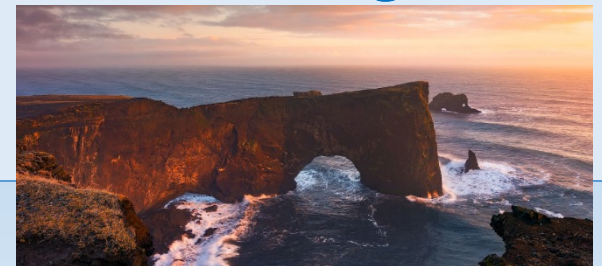
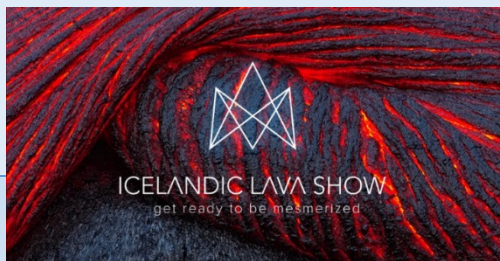
Another of Iceland's most impressive waterfalls.

3. Dyrholaey – Door Hill Island Arch and Vik Coastal Town

To the coast.... Observation of the world-famous arch. Then walks along the volcanic black sands to view the remarkable Reynisdrangar stacks.

Overnight Hotel Dyrholaey

Evening: Icelandic Lava Show and perhaps a viewing of the northern lights



Day 4: (Tuesday)

1. Reynisfjara; Visit to a volcanic black beach – Basalt Columns



2. Glacier Walk –

Guided exploration of a glacier, utterly beautiful, exploring deep crevasses and ice sculptures wearing crampons and using ice axes.



3. Hot Spring Walk Hveragerio

A walk through a Valley with Geothermally heated river that is warm to touch

4. Blue Lagoon

A mineral rich geothermal Bathing lake.

Overnight Dalur HI Hostel

Evening:

Meal at the Hard Rock Café – Meeting up with Group A.



Groupings:

- You will be assigned a member of staff who will be responsible for registering you.
- Each member of staff will have 9 or 10 students.
- The member of staff will look after your **passport** and your **boarding pass** (although you will need this if you want to buy anything in the airport)

Group A will travel on Coach 1 from Thornden

GROUP 1 - MR SHEPHERD
Ahmed,Ridwan
Al-Daftary,Sophia
Amridinov,Sardor
Beckett,Eleanor
Bland,Charlie
Hyett,Jamie
Ingram,Ella
Caine,Ryan
Carlisle,Tommy
Choudhary,Pia

GROUP 2 – Mrs Aellen
Cooper,Evie
Davies,Josh
Burnett,Maria
Gair,Anise
Gibbons,Ethan
Green,Alexander
Hallett,Harry
Hamilton,Sophie
Haskey,Blake
Hibberd,Jake

GROUP 3 – Mrs Mulligan
Kaye,Ella
Kunert,Amelie
Blasco Almodovar,Marina
Le Bas,Fraser
Leon,Oscar
Mistry,Arjun
Norris,Maxwell
North,Heidi
Parr,Matthew
Peacock,Alys

GROUP 4 - Mrs Rood
Powell,Rosie
Prachar,Benjamin
Price,Elissa
Robinson,Alexander
Salisbury,Benjamin
Saunders,Livvy
Scott,Isabel
Short,Henry
Stewart,Luke

GROUP 5 – Mr T Baldwin
Talboys,James
Tilsley,Michael
Warner,Harrison
Whiteman-Strugnell,Flynn
Willingham,Nadia
Wilson,Joe
Zannini Posadas,Arianna
Gem McColl

Group B will travel on Coach 2 from Thornden

GROUP 1 – Ms Parker

Adey, Todd

Ali-Fogarty, Fabio

Atkins, Will

Banfield, Lola

Lambert, Maya

Brockhurst, Will

Browning, Izzy

Clark, Jenna

Crookes, Charlotte

GROUP 2 – Mrs Stocks

Curtis, Rhyce

Fretton, Oliver

Frugtniet, Callum

Gray, Josh

Green, Maddie

Habib, Ibrahim

Hanks, Guy

Haskey, Darrah

Tommy Vokes

Fowell, Thomas

GROUP 3 Mrs Armstrong

Maytham, Zachary

Jones, Tom

Kerr, Shannon

Laad, Anaaya

Levy, Adam

Brown, Dan

Moore, Bradley

Newland, Jacob

Oliver, Harry

Patrick, Isla

GROUP 5 – Mr Lax

Sundram, Ethan

Taggart, Caragh

Taylor, Luca

Vaughan, Katie

Walker, William

Weedon, James

Wild, Leo

Wood, Charlie

Wright, Talya

Tomey, Rosie

GROUP 4 – Mr D Baldwin

Peach, Kylie

Pitman, Jamie

Ratcliffe, Lucy

Rickerd, George

Sahota, Rohan

Sainty, Tom

Saville, Eli

Sewell, Max

Sonpal, Hari

Safety:

- You will be expected to stay with the school group at all times and not wander off on your own.
- If you do get some free time, you will be in groups of no less than **four**.
- You must act on any instruction from any member of staff immediately. We will be telling you to do something for a reason.
- All students will sign a Student Behaviour Contract agreeing to abide by rules and instructions given.

All Students will be issued with an Emergency Information Card when we leave

INFORMATION CARD ICELAND TRIP A	
FULL NAME: _____	DATE OF BIRTH: _____
EMERGENCY CONTACT NUMBER: _____	
MR SHEPHERD'S NUMBER: 07527 842767	
22 October:	Hotel Vellir Tjarnarvellir 3, Hafnarfjörður Iceland Tel:- (00354) 420 0080
23 October:	Hotel Dyrhólaey Brekkur, Vík Iceland Tel:- (00354) 487 1333
24 October:	Hjaroarbol Guesthouse, Hjarðarbolli Ólfus, 816 Iceland Tel: (00354) 567 0045
25 October:	Hotel Cabin Borgartún 32 Reykjavík Iceland Tel: (00354) 511 6030

Put this in your wallet/ bag and don't lose it!

First Aid / Medicines etc.

Mr Shepherd (for Group A) and Mrs Stocks (for Group B) will be in charge of medicines and any medical equipment.

Any medicines that your son/ daughter takes must be indicated on the medical form.

Should you wish to discuss any medical matters prior to the trip you can contact either: Myself or your child's group leader.

Please make sure that all medicines are clearly labelled with the correct dosage marked.

Note from the School Nurse

- Emergency medication, such as EpiPen's and inhalers should be kept with students at all times
- Staff will carry spares
- All medication taken on the trip should be documented on a Medication Administration form (Form A) found on Arbor
- When completing the form, write the condition for which the medication is taken and the actual name of the medication as well as dosage; not just 'travel sickness pills' or 'antihistamine'
- If a medication is 'as required' state clearly on the back of the form the reason it should be taken and frequency.
- Medication should be in the box it was purchased or dispensed in and clearly labelled with the students name

MS Medical Form... and Form A.

- ✓ Completed Educational Visit – Information and Consent form; only complete the attached second sheet 'Form A' if your child is taking medication – Sent of Arbor MS Forms...

This is an essential requirement for our trip, if you haven't done this please complete it as soon as possible.

Insurance

The School Insurance Policy is good in the event of an Emergency.

It gives good cover (for example, if an airlift is required).

Its cover is not so good for loss or damage to personal Belongings, (so if you bring them, you look after them!)

Additional insurance provided through DTW has been purchased as part of the cost of this trip – Replaces EHIC. If you have Covid 19 and can't travel, you are covered.

DTW - Insurance

Section/Cover	Cover limits (up to)	Excess
A Emergency medical expenses	£5 million	*£70
Diagnostic tests	£10,000	£70
In-patient benefit	£20/day max. £300	Nil
Criminal injuries	£100/day max. £5,000	Nil
Additional mountain rescue (risk to life)	£2,000	£70
B Personal liability	£2 million	£250
C Personal accident	£25,000	Nil
D Cancellation or curtailment	£5,000	£70
E Travel delay		
Delayed departure or arrival	£25 / 8 hr delay, max. £100	Nil
Abandonment	£1,500 after 8 hrs delay	Nil
Hijack of aircraft	£100 / day, max. £3,000	Nil
Missed departure	£300	Nil
F Personal effects		
Baggage	£2,000	£70
Personal money	£500	£70
Tickets	£1,000	£70
Passport and visas	£250	£70
Delayed baggage	£100 after 8 hour delay	Nil
G Legal expenses	£50,000	£250



Eyjafjallajökull volcano, Iceland



Volcanic Eruption...?

Whilst in Iceland...
School, County and the tour company will be acting appropriately to ensure the prompt return of party.

School and Companywill look to reschedule the trip to a mutually convenient time.

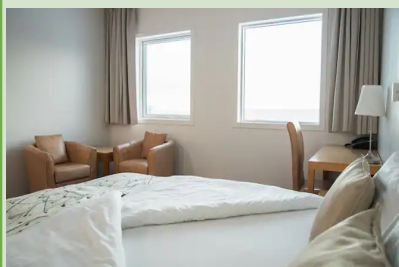
Accommodation / Rooming

Room list provided when we arrive

Hotel Vellir



Hotel Dyrholaey



Hotel Ork



Hotel Cabin Reykjavík



We will prepare the rooming's in advance..

Please provide a list of maximum 4 people you would like to share with.

We will do our best to accommodate.

Food



kartöflustappa
(mashed potatoes)

hangikjöt
(smoked lamb)

Sviðasulta
(headcheese)

harðfiskur
(dried haddock)

rúgbrauð með smjöri
(rye bread with butter)

Sviðasulta, súr
(whey pickled
headcheese)

súrir hrútsþungar
(whey pickled
ram's testicles)

súrt hvalrengi
(whey pickled
whale blubber)

flatbrauð með smjöri
(flatbread with butter)



Marinated
Whale

Cured Puffin

Smoked
Lamb

Smoked
Salmon

Fried Cod
Cheeks

Any dietary requirements?

**Please let us know if you
haven't already!**

Kit List

- Walking boots and thick/ thermal socks,
- Two trunks / costumes,
- Warm Waterproof Coat,
- Waterproof Trousers,
- Hat, Scarf, Gloves,
- Two Towels,
- Wash Kit,
- Camera,
- Mobile Phone,
- Mobile phone charger,
- Power bank (if you've got one)
- Two-pin Adaptor,
- Torch,
- Pens,
- Snacks,
- Day Ruc Sac,
- Water Bottle, Flask,
- Travel Sickness Tablets,
- Money for lunch at Gatwick,
- Plastic bags for swimming gear
- Pack snacks



Don't pack your coats / boots – **WEAR THEM** (you will need them when we get off the coach)

We will hand out luggage tags at the airport

Typical weather

- Typical temperatures are between -2 and 5. Plan for it to be cold , wet and windy although it may well be dry and bright!
- The weather is unpredictable, it is important that you pack for the worst!
- Carefully plan your clothing – layers are the key, thermals, spare socks, hats, gloves.
- You will get wet and cold - DO NOT forget a warm coat and waterproof – it would spoil your trip!
- Some days you will get wet and cold more than once – always a good idea to have a spare pair of dry socks in your bag!

Icelandic Króna



We recommend you take no more than £60 worth of Króna (ISK).

(There is not a lot to buy!)

£60 = 10386 ISK

You can take your mobile phone

However please no ipads/ tablets/ kindles... (or anything else you can connect to the internet and that is valuable).



We don't normally have phones on this trip due to the distraction from the unique experience that they can cause.

We want you to experience Iceland first-hand not through a lens or a screen. Therefore, we have some guidelines.

On the coach.

Use of phones are not permitted to be out when staff or guides are talking to you.

They must be put away on instruction and only brought back out when advised.

Phones can be used on coach when staff or guides are not talking to you, and when you have been permitted to use them, but it is preferable to spend your time observing the landscape.

Music can be played through headphones only – No speakers allowed.

If these rules are not adhered to then we will remove the privilege of use of phones on the coach for all.

To take photos.

Phones are permitted to take photographs of the amazing landscapes. However, care must be taken when photographing and you must stand still to avoid risk of tripping over the uneven terrain in Iceland.

At mealtimes

Phones are not permitted at any time during mealtimes.

Transport



and Guides
(listen to them!)

Geography Iceland Trip 22nd October to 26th October 2022

Student Contract

I hereby consent to abide by the school rules for the duration of the trip. I will follow any instructions given to me by members of Thornden staff, representatives of Discover the World and those in charge of the accommodation at the first time of asking.

I will always conduct myself positively and respectfully, acknowledging that I am representing myself and Thornden School to an international community.

Signature: _____

Date: _____

Print Name: _____

It is critical that all understand that alcohol consumption, smoking or vaping is strictly forbidden.

Wednesday 26th your son/ daughter will
update you
on our expected time of arrival
back at Thornden.

Passports and Form Filling

Please go to your assigned member of staff:

- Hand in Passports
- Swimming permission form
- Sign Student Behaviour Contract
- Complete your meal choice for Hard rock Cafe
- Submit maximum 4 people to share rooms
- If you haven't already, please complete the medical form on Arbor

Finally, a big thank you

to you for coming tonight

But also...

Any Questions...?

Only 18
more sleeps...

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Amridinov,Sardor
Beckett,Eleanor
Bland,Charlie
Hyett,Jamie
Ingram,Ella
Caine,Ryan
Carlisle,Tommy
Choudhary,Pia

GROUP 2 – Mrs Aellen
Cooper,Evie
Davies,Josh
Burnett,Maria
Gair,Anise
Gibbons,Ethan
Green,Alexander
Hallett,Harry
Hamilton,Sophie
Haskey,Blake
Hibberd,Jake

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Kaye,Ella
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Blasco Almodovar,Marina
Le Bas,Fraser
Leon,Oscar
Mistry,Arjun
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Parr,Matthew
Peacock,Alys

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Powell,Rosie
Prachar,Benjamin
Price,Elissa
Robinson,Alexander
Salisbury,Benjamin
Saunders,Livvy
Scott,Isabel
Short,Henry
Stewart,Luke

GROUP 5 – Mr T Baldwin
Talboys,James
Tilsley,Michael
Warner,Harrison
Whiteman-Strugnell,Flynn
Willingham,Nadia
Wilson,Joe
Zannini Posadas,Arianna
Gem McColl

Group B will travel on Coach 2 from Thornden

GROUP 1 – Ms Parker
Adey,Todd
Ali-Fogarty,Fabio
Atkins,Will
Banfield,Lola
Lambert,Maya
Brockhurst,Will
Browning,Izzy
Clark,Jenna
Crookes,Charlotte

GROUP 4 – Mr D Baldwin
Peach,Kylie
Pitman,Jamie
Ratcliffe,Lucy
Rickerd,George
Sahota,Rohan
Sainty,Tom
Saville,Eli
Sewell,Max
Sonpal,Hari

GROUP 2 – Mrs Stocks
Curtis,Rhyce
Fretton,Oliver
Frugtniet,Callum
Gray,Josh
Green,Maddie
Habib,Ibrahim
Hanks,Guy
Haskey,Darrah
Tommy Vokes
Fowell,Thomas

GROUP 3 Mrs Armstrong
Maytham,Zachary
Jones,Tom
Kerr,Shannon
Laad,Anaaya
Levy,Adam
Brown,Dan
Moore, Bradley
Newland,Jacob
Oliver,Harry
Patrick,Isla

GROUP 5 – Mr Lax
Sundram,Ethan
Taggart,Caragh
Taylor,Luca
Vaughan,Katie
Walker,William
Weedon,James
Wild,Leo
Wood,Charlie
Wright,Talya
Tomey,Rosie

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