



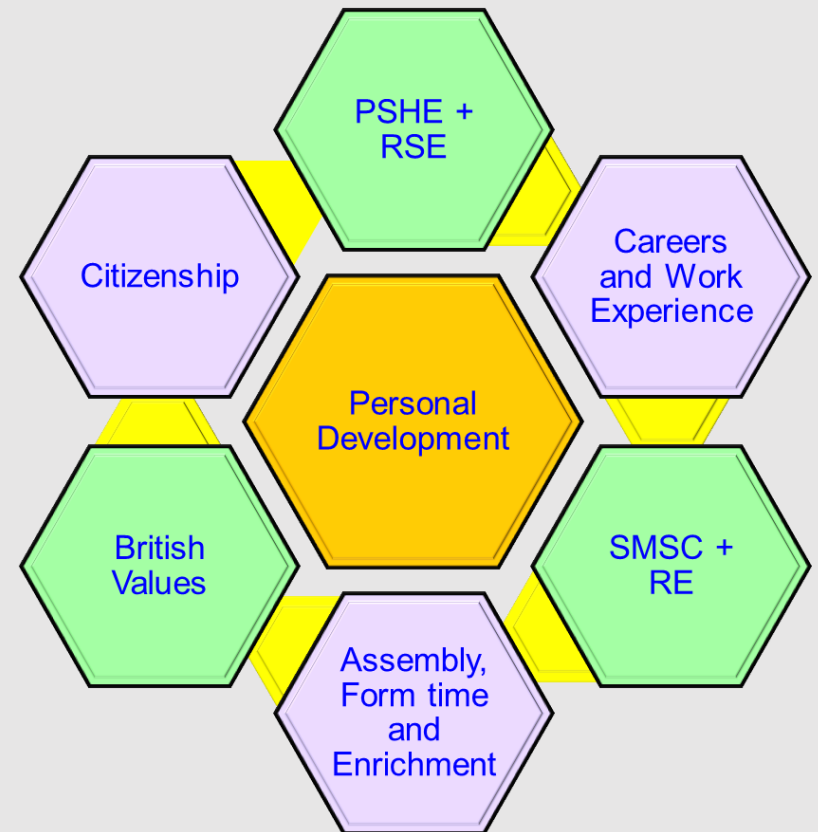
Welcome to: Living in the Wider World

***Personal Development
Thornden School
Safeguarding Curriculum***

Focusing on Personal Development

You may hear the term 'Personal Development' used in quite a few subjects. Personal Development is an umbrella term for how we develop our personal qualities and attributes throughout school.

Remember – school isn't just about improving your academic ability; it is about you becoming a well rounded and responsible young adult. It supports your wellbeing; helps you understand the world around you and prepares you for life after Thornden.



Aims of PD at Thornden



To help you understand:

- how to be responsible, respectful and active citizens who are able to play their part and become actively involved in public life as adults
- fundamental British values (democracy, individual liberty, law, respect and tolerance)
- how to develop confidence, resilience and knowledge so that they can keep themselves mentally healthy
- how to keep physically healthy, eat healthily and maintain an active lifestyle
- the importance of healthy relationships through appropriate relationships and sex education

Why are we studying Living in the Wider World?



This half term, we are learning about how to become confident, respectful and responsible young people, both in and out of school. These lessons will help you:

1. Understand Yourself and Grow with Confidence

- You'll explore your *personal strengths*, qualities and interests.
- We'll discuss **self-esteem**—why it matters, how it affects your wellbeing, and how to build it up.

2. Learn the Importance of Respect and Equality

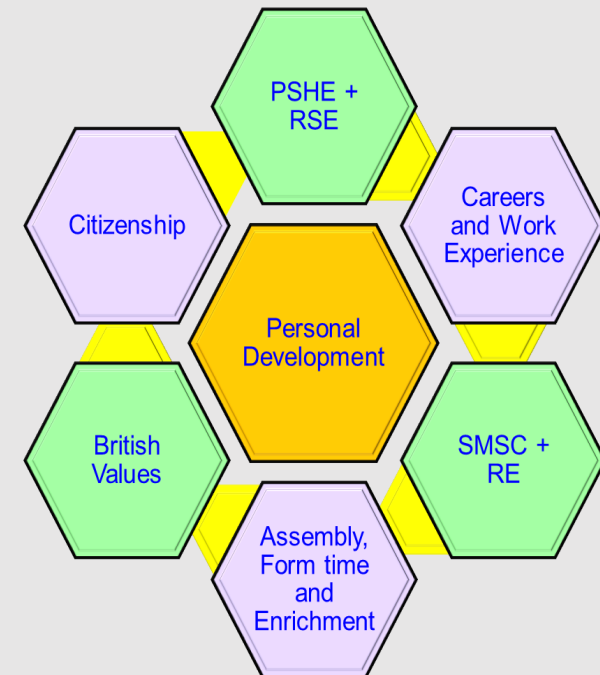
- You'll learn about **stereotyping, racism and discrimination**—why they happen, why they are harmful, and how to challenge them in a respectful and informed way.
- We will look closely at the **Protected Characteristics** in the Equality Act and understand why everyone deserves to be treated fairly, whatever their background.

3. Think Critically About the World Around You

- We'll explore the difference between *needs and wants*, and how to understand our priorities in life.
- You'll learn how **media and online content** can be misleading or biased, and how to spot fake news and harmful messages.
- We'll practise using **critical thinking** to make safer, more informed choices about what we see, hear and believe.

4. Prepare for the Future

- You'll learn how to **identify your skills and values** and see how these link to future jobs and opportunities.
- We'll introduce the basics of **budgeting and managing money**, helping you build good financial habits early on.



Year 9 Summer 2 Knowledge Check – Living in the Wider World

Theme: Workplace Skills, Online Presence, and Community

1. On a scale of 1 to 5, how confident do you feel that you can describe the key workplace skills employers look for in young people?
2. On a scale of 1 to 5, how confident do you feel that you can explain how communication, teamwork, and time management are demonstrated in a workplace setting?
3. On a scale of 1 to 5, how confident do you feel that you can assess how your own skills and attributes would help in a job interview?
4. On a scale of 1 to 5, how confident do you feel that you can define what an online reputation is and why it is important?
5. On a scale of 1 to 5, how confident do you feel that you can evaluate how your social media activity might impact future education or employment opportunities?
6. On a scale of 1 to 5, how confident do you feel that you can identify positive ways to contribute to your local community?
7. On a scale of 1 to 5, how confident do you feel that you can explain what anti-social behaviour is and how it negatively impacts individuals and communities?
8. On a scale of 1 to 5, how confident do you feel that you can describe the purpose and benefits of volunteering for both individuals and society?
9. On a scale of 1 to 5, how confident do you feel that you can recognise how volunteering and positive community involvement can enhance your employability?



**Please
complete
this on
Satchel
this week**



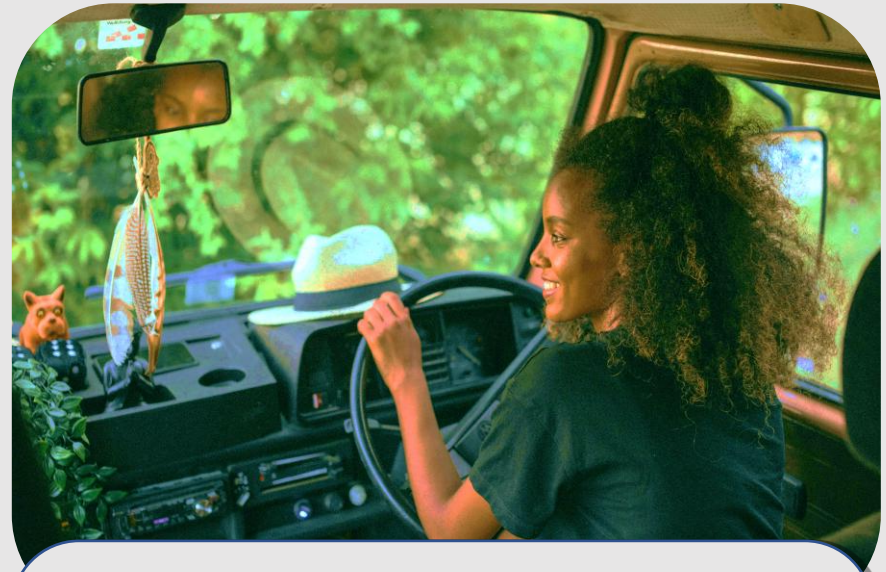
Succeeding in a changing and futuristic labour market



Clara is a lorry driver. She didn't go to college but has always earned a decent wage from her work.

Recently, she's started to worry a little. Clara knows, in the future, her job will most likely be done by a self-driving vehicle. Her employer values Clara as she's a very diligent worker – the manager says the company will still want to keep people like Clara if they can.

Discuss: What should Clara do?



What do you think we mean when we talk about 'life-long learning'?

I think when we talk about 'life-long learning' we mean...

Succeeding in a changing and futuristic labour market



Learning outcomes:

Explain why employers value particular skills and attributes, what these are, and why it's important to be a life-long learner in a changing labour market.



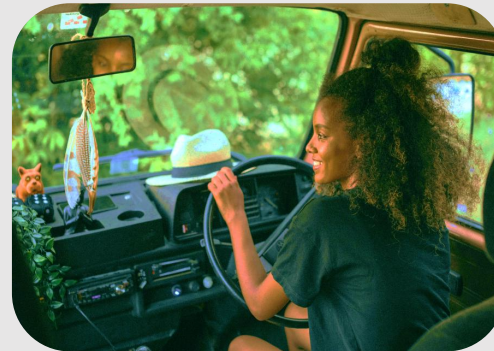
Works skills: skills needed in the workplace, e.g. communication skills, or interpersonal skills.

Lifelong learning: the ability to retrain, adapt and learn new skills.

According to research, the top qualities employers want to see are:

- Resilience.
- Commercial and industrial awareness
- Leadership and management.
- Planning and research skills.
- Adaptability and life-long learning
- Teamwork, communication and interpersonal skills.
- Relevant work experience.

We'll cover all of these in our Careers lessons. Today we're focusing on **adaptability and life-long learning.**



Did you know?

If you said that Clara would need to retrain or learn new skills to maximise the chance of being kept on by her company, you'd be right. Drivers are one of the top ten jobs estimated to become obsolete over the next 10-15 years.

Which jobs are likely to exist in our employment future and which are not? Watch the clips carefully and complete your table. We'll go through the answers together as a class afterwards.



<https://www.youtube.com/watch?v=avqMUyNrKGY>
<https://www.youtube.com/watch?v=8VUzuZqWUwg>

Which are likely to still exist?	Which are not?

How many did you get right? Ensure you complete any information on your table that you missed as we go through the answers together now.



Which are likely to still exist?	Which are not?
People who need to monitor AI. This will involve promoting ethics and morality.	Marketing and advertising executives, office admin staff, legal, business and financial operations workers, manual input jobs (such as data entry)
Jobs in the medium term where AI is used for productivity – things like programming and medicine.	Jobs in banks – such as anti-money laundering investigators Any job collecting data
(in the short term as no-one can predict the long-term future) – nurses, choreographers, mental health counsellors, teachers.	Film and television writers
Jobs with close, face to face interaction with people which involve empathy, plumbers, electricians, dextrous traders (like plasterers or bricklayers, window fitters).	Artists, photographers

Reporting a Concern at Thornden School

- It is important to us that all of you feel safe, happy and belong at Thornden.
- We also know that sometimes it is not as easy as simply telling a member of staff
- It could be:
 - A friend you are worried about
 - Someone being unkind to you
 - Something you have heard and think we should know



How can you report anything you are worried about?

- Speak to a member of staff or parent / carer
- Visit the Well Being Den or Head of Year area
- On Satchel each week you will be sent a link to a form to share any worries you have
- On our school website homepage there is a 'Report a Concern' link.
- In the Student Bulletin there is a 'Report a Concern' link
- On all school desktops there is a 'Report a Concern' logo to click and report anything

Need Support? You're Not Alone



If anything in today's lesson has affected you, or you want to talk to someone, there is help available.

Mental Health & Low Mood

YoungMinds – <https://www.youngminds.org.uk>

Kooth – <https://www.kooth.com>

Mind – <https://www.mind.org.uk>

Talk to Someone

Your Tutor or Head of Year – We're here to help.

Wellbeing Team and School Nurse

Report a Concern on Satchel

Safeguarding Team with the Purple lanyards

Healthy Lifestyle

NHS Every Mind Matters – <https://www.nhs.uk/every-mind-matters>

Change4Life – <https://www.nhs.uk/change4life>

Apps That Can Help

Calm – For mindfulness and sleep.

Headspace – Meditation and stress relief.

Clear Fear – Manage anxiety (designed for young people).

MeeTwo – Anonymously talk to other teens, moderated by experts.

Eating Concerns

Beat Eating Disorders –

<https://www.beateatingdisorders.org.uk>

NHS Live Well – Eating Disorders –

<https://www.nhs.uk/mental-health/conditions/eating-disorders/>