

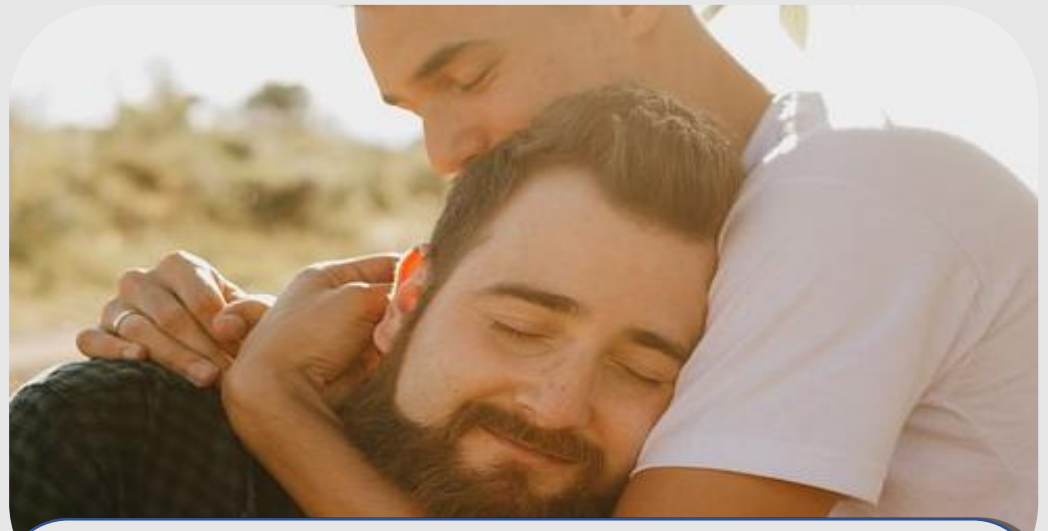
Do Now

What is marriage and why must it be freely entered into?



Steve and Carlos have been dating for years. Yesterday, Carlos proposed to Steve and he excitedly said, 'Yes!' Both men are consenting to this marriage, which is freely entered into and a happy event.

Discuss: What do we mean when we say a marriage is freely entered into? Why is this so important?



Marriage can be seen as legal bond which celebrates love, but why else is marriage important to people?

What is marriage and why must it be freely entered into?

Learning outcomes:

Describe why marriage is an important relationship choice for many couples and why it must be freely entered into.



Marriage – In the UK this is a legally or formally recognised union of two people as partners in a personal relationship.

Watch the following clips and complete the questions in your booklet about marriage today and in the past.

[The history of marriage - Alex Gendler - YouTube](#)

[Why Bother With Marriage? - YouTube](#)



What was a reason people got married in ancient times?

What fraction of world cultures today prohibit multiple marriages?

What was a ghost marriage?

Why do some people think marriage is old fashioned?

Why is it hard to 'undo' marriage?

What does marriage stop you doing?

What is marriage all about nowadays, in summary?



Watch the following clips and complete the questions on your answer sheet about marriage today and in the past. Your teacher will then go through the answers.

[The history of marriage - Alex Gendler - YouTube](#)

[Why Bother With Marriage? - YouTube](#)

What was a reason people got married in ancient times?

To ensure property was passed on to rightful heirs.

What fraction of world cultures today prohibit multiple marriages?

A quarter.

What was a ghost marriage?

When someone married a person who has passed away, in ancient China.

Why do some people think marriage is old fashioned?

They think it doesn't fit in with the logical modern world?

Why is it hard to 'undo' marriage?

You made vows in front of many people, it has legal and economic entanglements too, meaning you need expensive lawyers to get divorced.

What does marriage stop you doing?

Acting on your impulses and easily moving on to the next partner.

It stops you making hasty short-term choices.

What is marriage all about nowadays, in summary?

Staying together long-term, for your own personal good.



What is marriage and why must it be freely entered into?

This would indicate a marriage freely entered into.

Your parents say you've got to do it or you will bring shame on your family.

Your partner says you've got to do it – for any reason.

You want to spend the rest of your life with this person.

You love this person romantically.

This would indicate a marriage which is not freely entered into.

You have been told bad things will happen if you don't get married.

You've been told that everyone else in your family got married at this age so you have to too.

You have been told people will judge you if you don't get married.

You want a future with the person, and hopefully raise children with them.

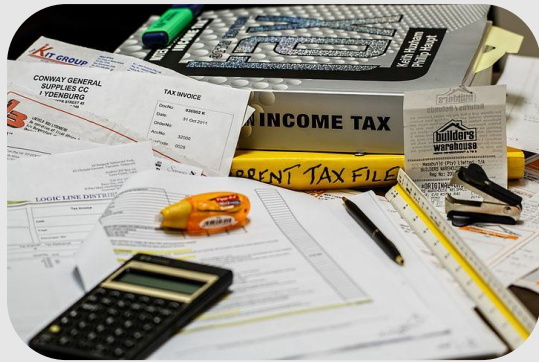
Your religion states that you have to get married.

You have been in the same happy relationship for years with this person.

You are gay but you are being told to marry someone of the opposite sex.

You have already had children with this person and are still happy with them.

There are actually quite a few legal benefits to getting married – some of which might not be obvious at first!
Use the clues below to write down what some of the benefits might be to getting married in the UK. We'll go through them together as a class shortly.



What are the legal benefits of getting married?

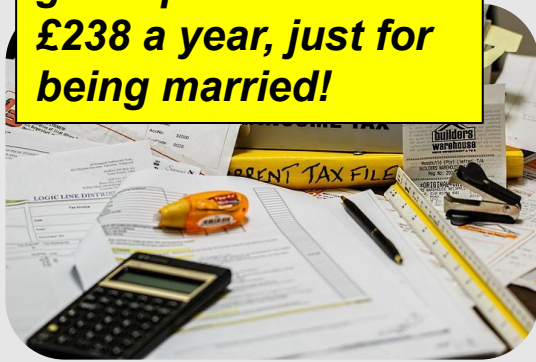


One legal benefit to getting married might be....



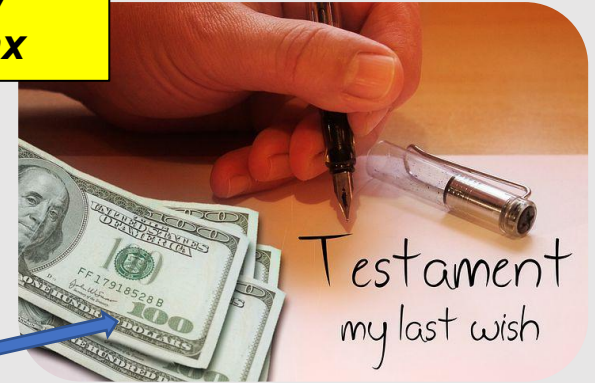
Ok, some of these are a bit morbid but they're also really good to know and show why marriage is good for financial and family stability.

There are tax benefits, you could gain up to an extra £238 a year, just for being married!



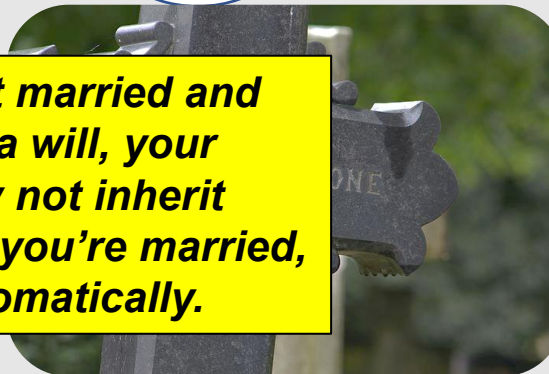
You also gain more state pension if your spouse dies, and you won't pay inheritance tax

What are the legal benefits of getting married?

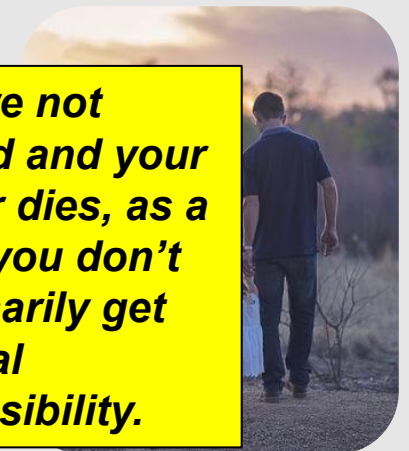


One legal benefit to getting married might be....

If you're not married and don't leave a will, your partner may not inherit anything. If you're married, they do automatically.



If you're not married and your partner dies, as a father you don't necessarily get parental responsibility.



Year 7 Summer 1 – RSE Knowledge Check

1. On a scale of 1 to 5, how confident do you feel that you can describe what a healthy family relationship looks like and why it matters?
2. On a scale of 1 to 5, how confident do you feel that you can identify the different types of families people might belong to?
3. On a scale of 1 to 5, how confident do you feel that you can explain the role of love and care in close relationships?
4. On a scale of 1 to 5, how confident do you feel that you can recognise the early signs of romantic attraction and new feelings?
5. On a scale of 1 to 5, how confident do you feel that you can explain what makes someone a good partner in a healthy relationship?
6. On a scale of 1 to 5, how confident do you feel that you can describe what marriage is and why it must be freely entered into?
7. On a scale of 1 to 5, how confident do you feel that you can understand the difference between healthy and unhealthy relationship behaviours?
8. On a scale of 1 to 5, how confident do you feel that you can explain what online grooming is and how to stay safe from it?
9. On a scale of 1 to 5, how confident do you feel that you can identify who to talk to and where to go if you have concerns about a relationship?
10. On a scale of 1 to 5, how confident do you feel that you can explain how to report something that worries you online or in person?

**Please
complete
this on
Satchel
this week**



How can you report anything you are worried about?

- It is important to us that all of you feel safe, happy and belong at Thornden.
- We also know that sometimes it is not as easy as simply telling a member of staff
- It could be:
 - A friend you are worried about
 - Someone being unkind to you
 - Something you have heard and think we should know
- Speak to a member of staff or parent / carer
- Visit the Well Being Den or Head of Year area
- On Satchel each week you will be sent a link to a form to share any worries you have
- On our school website homepage there is a 'Report a Concern' link.
- In the Student Bulletin there is a 'Report a Concern' link
- On all school desktops there is a 'Report a Concern' logo to click and report anything

Need Support? You're Not Alone

If anything in today's lesson has affected you, or you want to talk to someone, there is help available.

Mental Health & Low Mood

YoungMinds – <https://www.youngminds.org.uk>

Kooth – <https://www.kooth.com>

Mind – <https://www.mind.org.uk>

Talk to Someone

Your Tutor or Head of Year – We're here to help.

Wellbeing Team and School Nurse

Report a Concern on Satchel

Safeguarding Team with the Purple lanyards

Healthy Lifestyle

NHS Every Mind Matters – <https://www.nhs.uk/every-mind-matters>

Change4Life – <https://www.nhs.uk/change4life>

Apps That Can Help

Calm – For mindfulness and sleep.

Headspace – Meditation and stress relief.

Clear Fear – Manage anxiety (designed for young people).

MeeTwo – Anonymously talk to other teens, moderated by experts.

Eating Concerns

Beat Eating Disorders –

<https://www.beateatingdisorders.org.uk>

NHS Live Well – Eating Disorders –

<https://www.nhs.uk/mental-health/conditions/eating-disorders/>