



Online dating – what issues do we need to be aware of?



Alinah

I'm a happy and fun girl, looking for a partner who shares my interests in cooking, hiking and comedy. I have two cats who I love, a great job in hospitality and I'm settled in Birmingham, so would like to meet someone based in the Midlands. I'd like a coffee date first, to get to know you, then see what happens. I'm in no rush.

YaBaby\$\$\$**



Any SNATCHED men on here????!!1
Live in big red apartment block Stirchley St Aston hit me up!
No shorts, no buzz-kill, no earning under 50,000, no living with mom (not fun when she walk in on us in the morning lol)
Treat me like the QUEEN I AM. You pay my rent?
You got me. Lets hit the bars see how long it take.

These are two profiles from the same dating site. What kind of response do you think each of the profiles would get from prospective partners looking on the site?

As above, but explain why.

Does it matter that each of these profiles would gain different types of response? Why, why not? Explain.

Online dating – what issues do we need to be aware of?



Alinah

I'm a happy and fun girl, looking for a partner who shares my interests in cooking, hiking and comedy. I have two cats who I love, a great job in hospitality and I'm settled in Birmingham, so would like to meet someone based in the Midlands. I'd like a coffee date first, to get to know you, then see what happens. I'm in no rush.



Alinah's profile may seem a little boring – but Alinah is playing it safe. She isn't giving away her precise location, she is clothed on her picture and suggests a coffee date (which would likely be in a public place, and neither person would be intoxicated). That way she can assess her date and see if she likes them. She retains control.



YaBaby\$\$\$**

Any SNATCHED men on here????!!1
Live in big red apartment block Stirchley St
Aston hit me up!
No shorts, no buzz-kill, no earning under 50,000, no living with mom (not fun when she walk in on us in the morning lol)
Treat me like the QUEEN I AM. You pay my rent? You got me. Lets hit the bars see how long it take.



YaBaby is both attracting people who probably wouldn't want a long-term relationship with her (unless they like paying for everything). She, dangerously, gives away her precise location. Hitting the bars and 'see how long it take' sounds ambiguous and may attract one night stands – which she may or may not be comfortable with. She is also quite insulting to the opposite sex, as if they are not tall or wealthy, they have nothing to offer her.

Online dating – what issues do we need to be aware of?



Learning outcomes:

Describe how to stay safe when using online dating apps.

Describe in detail how to use online dating apps safely and successfully.

Explain the importance of and how we can stay safe when using online dating apps and on our first dates.

Hook-up culture:

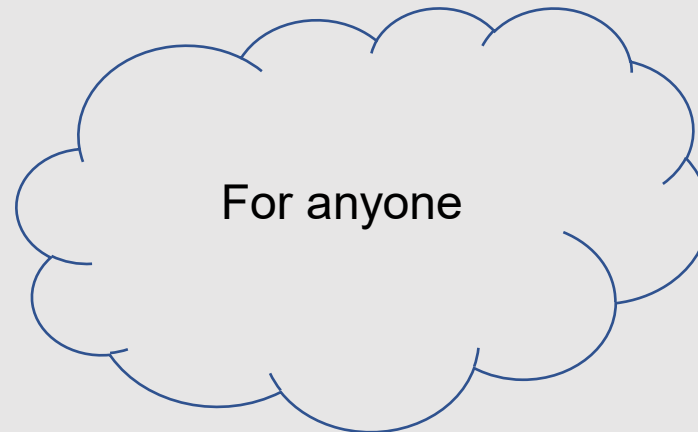
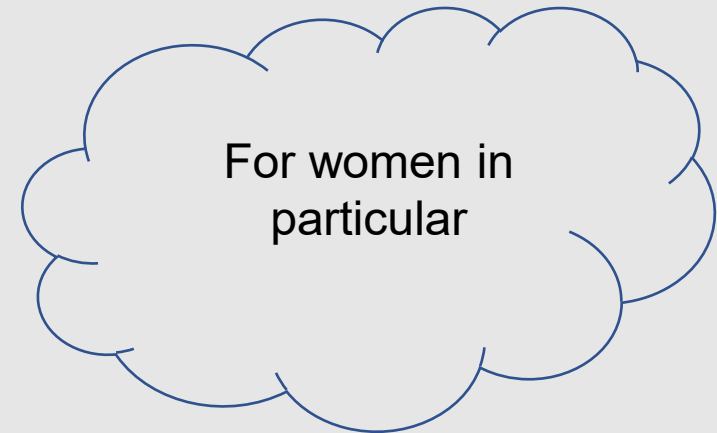
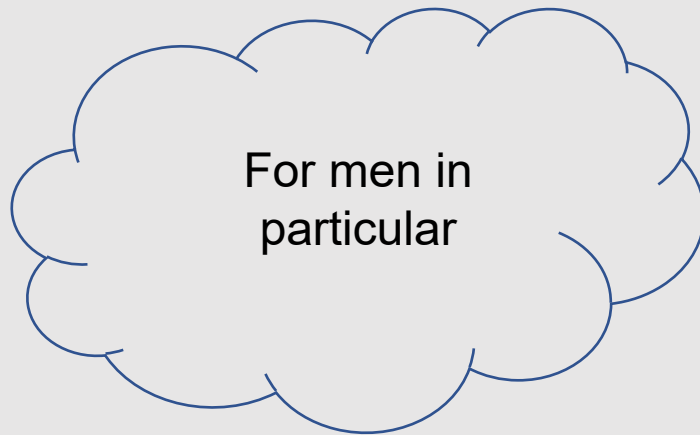
The use of apps or websites to find partners to have sexual experiences with, rather than looking for long-term relationships. Hook-up culture has been criticized for making some people feel de-valued, as continuous 'hook-ups' may not lead to the same emotional fulfilment as long-term relationships.

What's the problem with hook-up culture anyway?



We can't really discuss online-dating before we explore 'hook-up' culture further, as the two are very much tied together. So what are the criticisms of hook-up culture and how can it be detrimental to us?

ALL) As you watch the clips, complete your three mind-maps.



[CLIP 1: The Price of Promiscuity \(Damaging Effects of Hookup Culture\) - YouTube](#)

[CLIP2: The Pros & Cons of H00kup Culture for Women – YouTube](#)

[CLIP3: Hook-Up Culture: Men vs. Women - YouTube](#)

What's the problem with hook-up culture anyway?



What did we manage to find out?

For men in particular

For women in particular

For anyone

Online dating – what issues do we need to be aware of?



We will now find out more about why online-dating can be a dangerous game.

THORNDEN THREE READING!
Follow the text closely in your booklet





Online Dating Safety Tips

1. Choosing the Right App

Different dating apps are designed for different purposes. Some focus on serious relationships or shared interests such as religion or hobbies. Some are more inclusive for the LGBT+ community, while others focus on making friends.

It is best to choose an app that verifies users' identities, as this helps you know the person is more likely to be genuine. If you want to control who contacts you first, some apps give you that option. Take time to research and pick an app that suits your needs and values.

2. Be Honest

Being clear about what you want helps you find people who are looking for the same things. Experts say people often connect best with those who share similar values. Honesty about your age and your life avoids future conflict and builds trust.



Online Dating Safety Tips

3. Choose a Realistic Photo

Use a recent picture that looks like you.
Filters can be misleading and may lead to awkwardness when you meet in person.

4. Put Safety First

Always meet in public places for first dates.
Consider having a friend nearby or arranging for someone you trust to pick you up afterwards.
If you feel uncomfortable or unsafe, leave the situation.
In many UK bars you can discreetly ask staff for “Angela”, a safety code that signals you need help – staff will assist you and arrange a safe way home.
Take your time getting to know someone and do not feel pressured to rush.



Relationship and mental health helplines and charities:

0845 130 4010 - This telephone service is offered by the registered charity, Relate.

Mind. Mind is a charity that provides advice and support for people experiencing a mental health problem in England and Wales. Call: 0300 123 3393 (Mon to Fri, 9am to 6pm)

Rethink Mental Illness. Support and advice for people living with mental health problems. Call: 0300 5000 927 (Mon to Fri, 9.30am to 4pm)

SANE. National out-of hours mental health charity offering emotional support, guidance and information. Call: 0300 304 7000 (4.30pm to 10.30pm)

Alice Ruggles Trust - Relationship-safety-resource Stalking and harassment help and advice

Young Minds. Child and adolescent mental health charity. Call: 0808 802 5544 (parents' helpline)

<https://www.themix.org.uk/sex-and-relationships> Relationships advice for young people



Reporting a Concern at Thornden School

- It is important to us that all of you feel safe, happy and belong at Thornden.
- We also know that sometimes it is not as easy as simply telling a member of staff
- It could be:
 - A friend you are worried about
 - Someone being unkind to you
 - Something you have heard and think we should know

How can you report anything you are worried about?

- Speak to a member of staff or parent / carer
- Visit the Well Being Den or Head of Year area
- On Satchel each week you will be sent a link to a form to share any worries you have
- On our school website homepage there is a 'Report a Concern' link.
- In the Student Bulletin there is a 'Report a Concern' link
- On all school desktops there is a 'Report a Concern' logo to click and report anything

Need Support? You're Not Alone



If anything in today's lesson has affected you, or you want to talk to someone, there is help available.

Mental Health & Low Mood

YoungMinds – <https://www.youngminds.org.uk>

Kooth – <https://www.kooth.com>

Mind – <https://www.mind.org.uk>

Apps That Can Help

Calm – For mindfulness and sleep.

Headspace – Meditation and stress relief.

Clear Fear – Manage anxiety (designed for young people).

MeeTwo – Anonymously talk to other teens, moderated by experts.

Talk to Someone

Your Tutor or Head of Year – We're here to help.

Wellbeing Team and School Nurse

Report a Concern on Satchel

Safeguarding Team with the Purple lanyards

Eating Concerns

Beat Eating Disorders –

<https://www.beateatingdisorders.org.uk>

NHS Live Well – Eating Disorders –

<https://www.nhs.uk/mental-health/conditions/eating-disorders/>

Healthy Lifestyle

NHS Every Mind Matters – <https://www.nhs.uk/every-mind-matters>

Change4Life – <https://www.nhs.uk/change4life>