

Do Now

Adopted and foster families – what are these and why do people choose to adopt or foster?



Bobby and Eva have one biological child already. However, they have also decided to adopt a little boy called Davey. Davey is two and has not had the best start in life. He has developmental problems and needs a lot of care and specialist help.

Discuss: Why do you think the couple are adopting Davey?



What do you think the main reasons are that people say they have adopted or fostered children in the UK?

CLUE: fertility

CLUE: ethics

CLUE: love

Learning outcomes:

Explain what fostering and adoption is and the main reasons why people choose to foster or adopt children.



Fostering: A foster child is a child looked after temporarily or brought up by people other than its parents.

Adoption: Adoption is a process whereby a person assumes the parenting of another, usually a child, from that person's biological or legal parent or parents.

What is the difference between adoption and fostering and why do people choose to do these?

Watch the following clip and complete your table.



[Should I foster or adopt? How to choose between adoption and fostering/TIPS - YouTube](#)

Adoption	Fostering

Let's hear about the adoption process in practice now and find out the challenges prospective adopters must face.

Watch the following clip and complete the questions in your booklet.

[OUR UK ADOPTION STORY | Why did we choose adoption? | UK Adoption | mollymamaadopt - YouTube](#)

- 1. Who suggested adoption to Molly?**
- 2. Why didn't Molly want another biological child?**
- 3. What did Molly do to research adoption?**
- 4. Why was Molly's husband cautious?**
- 5. How long were the adoption agency at Molly's house?**
- 6. Why do you think Molly needed 3 referees and medicals?**
- 7. How detailed is the report the panel make on your family and child?**
- 8. Why was Molly so nervous in parts of the process?**





Let's go through our answers together now as a class:

Who suggested adoption to Molly?

Her husband.

Why didn't Molly want another biological child?

The mental, physical and emotional turmoil of a difficult pregnancy.

What did Molly do to research adoption?

She contacted the local authorities and voluntary groups, went to information events and read information packs.

Why was Molly's husband cautious?

He had worked with kids in care and knew there were challenges.

How long were the adoption agency at Molly's house?

7 hours

Why do you think Molly needed 3 referees and medicals?

The authorities have to be 100% sure the family is correct for the child and they will be safe and loved.

How detailed is the report the panel make on your family and child?

Extremely detailed – like a thesis for a degree (hundreds of pages).

Why was Molly so nervous in parts of the process?

She already loved the boy and absolutely wanted to adopt him.

Year 10 Summer 1 RSE – Knowledge Check

1. On a scale of 1 to 5, how confident do you feel that you can explain what abortion is and identify the law and rights surrounding it in the UK?
2. On a scale of 1 to 5, how confident do you feel that you can evaluate different viewpoints around abortion and explore your personal values?
3. On a scale of 1 to 5, how confident do you feel that you can define stalking and harassment and explain why these are criminal offences?
4. On a scale of 1 to 5, how confident do you feel that you can recognise the signs of stalking or harassment in both real life and online contexts?
5. On a scale of 1 to 5, how confident do you feel that you can identify laws and support services for those affected by stalking or harassment?
6. On a scale of 1 to 5, how confident do you feel that you can explain the difference between adoption and fostering?
7. On a scale of 1 to 5, how confident do you feel that you can describe why people choose to adopt or foster and what the legal processes involve?
8. On a scale of 1 to 5, how confident do you feel that you can reflect on the emotional and ethical aspects of adoption and fostering?

Summer 1 - Yr10 RSE Knowledge Check



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Useful helplines and charities

[Young Minds](#). Child and adolescent mental health charity.

Call: 0808 802 5544 (parents' helpline)

[Family Lives](#) – visit the website or call 0808 800 2222 for support for families, including young parents

[Helpline | Adoption UK Charity](#) Adoption UK is the leading charity for all those whose lives involve adoption, including adopted people, adopters and the professionals who support them.

[The Fostering Network helplines | The Fostering Network](#) This helpline provide information and guidance on all issues affecting foster carers and fostering services.

Reporting a Concern at Thornden School

- It is important to us that all of you feel safe, happy and belong at Thornden.
- We also know that sometimes it is not as easy as simply telling a member of staff
- It could be:
 - A friend you are worried about
 - Someone being unkind to you
 - Something you have heard and think we should know

How can you report anything you are worried about?

- Speak to a member of staff or parent / carer
- Visit the Well Being Den or Head of Year area
- On Satchel each week you will be sent a link to a form to share any worries you have
- On our school website homepage there is a 'Report a Concern' link.
- In the Student Bulletin there is a 'Report a Concern' link
- On all school desktops there is a 'Report a Concern' logo to click and report anything

Need Support? You're Not Alone

If anything in today's lesson has affected you, or you want to talk to someone, there is help available.

Mental Health & Low Mood

YoungMinds – <https://www.youngminds.org.uk>

Kooth – <https://www.kooth.com>

Mind – <https://www.mind.org.uk>

Apps That Can Help

Calm – For mindfulness and sleep.

Headspace – Meditation and stress relief.

Clear Fear – Manage anxiety (designed for young people).

MeeTwo – Anonymously talk to other teens, moderated by experts.

Talk to Someone

Your Tutor or Head of Year – We're here to help.

Wellbeing Team and School Nurse

Report a Concern on Satchel

Safeguarding Team with the Purple lanyards

Eating Concerns

Beat Eating Disorders –

<https://www.beateatingdisorders.org.uk>

NHS Live Well – Eating Disorders –

<https://www.nhs.uk/mental-health/conditions/eating-disorders/>

Healthy Lifestyle

NHS Every Mind Matters – <https://www.nhs.uk/every-mind-matters>

Change4Life – <https://www.nhs.uk/change4life>