



Do Now

Why is teamwork an essential life skill?



Sandi has been making a CV in her Careers lesson at school. 'I can't think of any good examples of teamwork I've been involved in.' She muses. 'How about the fact you captained the football team?' Her teacher suggests. 'Or won that science project. Or worked on the student council. Or the anti-bullying squad.' 'Ok, maybe I do. I just need to make these seem relevant to employment...'

Discuss: How might Sandi's accomplishments be relevant to employers?



It sounds cheesy, but why do people say; 'teamwork makes the dreamwork'?

People say teamwork makes the dreamwork because....

Why is teamwork an essential life skill?



Learning outcomes:

Identify the challenges we face but also the benefits we reap by working as part of a team.

Describe how teamwork is a valuable life skill, especially when it comes to future employment. Effectively work as a team.

Teamwork – The combined action of a group, working together with the aim of being more effective.

Employability skills – The skills employers are looking for when they decide who they want to employ. The ability to work in a team is one of these.



Why is teamwork an essential life skill?



We will now find out a little more about teamwork, why it is an important skill, the benefits and why some people find teamwork challenging.

THORNDEN THREE READING!
Follow the text in your booklet closely





What is teamwork?

Teamwork is when people work together to reach the same goal. This could be at school, at work, or even planning something fun like a party. In teamwork, everyone shares their time, ideas and skills to get something done.

Teamwork is an important life skill because almost every job requires it. Footballers work in a team, people in offices work in teams, and even artists often need help from others. Many people remember “TEAM” as meaning *Together Everyone Achieves More*. This means you can get more done with others than you can by yourself. Teamwork also helps in your personal life, such as in friendships or marriage.

Teamwork has many benefits. It gives you support from other people and lets you hear different ideas and opinions. You can learn from others, and they can learn from you. Each person brings something different to the team. It can also feel really good when you help a team complete a project.

What is teamwork?



To be a good team member, you need certain skills. One important skill is putting the team's needs before your own. This means doing what is best for the whole group, not just what makes *you* look good. Another key skill is listening. Everyone in the team should feel heard. You also need to cooperate, which means working calmly with others, and compromise, which means agreeing on something even if it is not exactly what you wanted. You also need to share your ideas in a polite and respectful way. This is called being **diplomatic**.

Teamwork is not easy for everyone. Some people enjoy working with others, while some prefer working alone. Some people find it hard to speak up with ideas. Others find it hard to listen or to change their mind. Some people get tired being around lots of people. All teams face challenges, but teamwork is so important in life that everyone needs to practise it.

Answer the questions in your booklet

Which qualities of being a good team member do you think you already have? Explain.

Which would you like to work on? Why?

What is meant by being 'diplomatic'?

Analyse why some people find having to compromise far more difficult than others.

What did Michael Jordan mean by his quote?

What might you be asked at a job interview and why?

Explain the most important aspects of being a good team member.



This links to two other key skills for teamwork: cooperation and compromise. Cooperation is the ability to work harmoniously with other people, and to do what needs to be done without arguing. Compromise is the ability to reach an agreement with other people that might not be exactly what you wanted to do, but you have taken the other people's needs into account and agreed on something together. If everybody on the team is willing to cooperate, compromise and consider other people, the team should be working well. When you apply for a job, or you attend a job interview, you may be asked to give an example of a time you worked well in a team.

Lastly, it's important to be willing to give your ideas to the people in your team, to be willing to contribute your suggestions and express your point of view. This needs to be done in a diplomatic way, without insulting anyone or hurting anyone's feelings.

Is teamwork easy for everyone?

No. Some people find working in a team much easier than others. This can depend on a lot of things, like how many people are in the team, and what the personalities of the team members are like. Some people love having people to work with and bounce their ideas off, however, some people prefer to work on their own, because they can concentrate better that way. Some people can find it draining to be around a lot of people for too long at a time.



Additionally, some people are naturally better at listening than others. Some people find it scary to say their ideas in front of people. Some people are quite stubborn and headstrong, and they have to learn to compromise. Some people are so easygoing that it's hard to get them to have an opinion on anything. Other people are so opinionated that they can't change their ideas when needed and they may have trouble listening.

This all goes to show that there are many challenges to creating a good team. However, the skills for good teamwork are so important that it is necessary to practice them, even if they don't all come easily to you.

Questions:

Which qualities of being a good team member do you think you already have? Explain.

Which would you like to work on? Why?

What is meant by being 'diplomatic'?

Analyse why some people find having to compromise far more difficult than others.

What did Michael Jordan mean by his quote?

What might you be asked at a job interview and why?

Explain the most important aspects of being a good team member.



Watch the clips below together as a class.

As you watch the clips, note down as many ideas as you can on both side of the columns. We'll go through the answers together afterwards.

<https://www.youtube.com/watch?v=1sSing6ntVA> (up to 1.39)

<https://www.youtube.com/watch?v=MsG3MrySyFY>

<https://www.youtube.com/watch?v=kZ9iS4NEwkg>

What makes excellent teamwork?	Why are employers looking for teamwork skills?



Let's go through the answers together now. You may also have more you can add to the answers below:

What makes excellent teamwork?	Why are employers looking for teamwork skills?
Listening to each other's needs	They're likely to ask you questions about teamwork during a job interview process.
Creating rules everyone agrees on, so you can stick to them but also hold yourself and others accountable.	You can work to achieve the same goal and achieve something you couldn't on your own.
Being self-aware of how you communicate	You are likely to contribute to higher production levels and boosted staff morale (and therefore less staff turnover)
Being positive and supportive to other team members – seeking to understand each other	Customers will gain better products and services
Communicating and working through any conflict.	Employers will receive better quality outcomes if their staff can work well together in a team.
Sharing knowledge and working hard	Overall, you are contributing to a more profitable business (and work environment).

Year 8 Spring 2 Knowledge Check – Living in the Wider World

Confidence Scale:

1 = Not confident at all | 5 = Very confident

1. On a scale of 1 to 5, how confident do you feel that you can explain why good attendance and punctuality are important for success in school and the workplace?
2. On a scale of 1 to 5, how confident do you feel that you can describe how having ambition and setting goals can help shape your future?
3. On a scale of 1 to 5, how confident do you feel that you can identify and explain a range of employability skills that employers look for?
4. On a scale of 1 to 5, how confident do you feel that you can give examples of personal strengths and how they might match different careers or roles?
5. On a scale of 1 to 5, how confident do you feel that you can explain what an entrepreneur is and what qualities successful entrepreneurs tend to have?
6. On a scale of 1 to 5, how confident do you feel that you can describe how teamwork contributes to success in school, work, and wider life?
7. On a scale of 1 to 5, how confident do you feel that you can reflect on your own teamwork skills and set goals to improve them?
8. On a scale of 1 to 5, how confident do you feel that you can explain why it is important to save money and plan spending?
9. On a scale of 1 to 5, how confident do you feel that you can describe different savings methods and explain their benefits?
10. On a scale of 1 to 5, how confident do you feel that you can make informed money decisions by understanding the difference between short-term wants and long-term needs?



**This is your
Home Learning.
It has been
shared with you
on Satchel.
Please make
sure it is
completed by
next week**

Need Support? You're Not Alone



If anything in today's lesson has affected you, or you want to talk to someone, there is help available.

Mental Health & Low Mood

YoungMinds – <https://www.youngminds.org.uk>

Kooth – <https://www.kooth.com>

Mind – <https://www.mind.org.uk>

Talk to Someone

Your Tutor or Head of Year – We're here to help.

Wellbeing Team and School Nurse

Report a Concern on Satchel

Safeguarding Team with the Purple lanyards

Healthy Lifestyle

NHS Every Mind Matters – <https://www.nhs.uk/every-mind-matters>

Change4Life – <https://www.nhs.uk/change4life>

Apps That Can Help

Calm – For mindfulness and sleep.

Headspace – Meditation and stress relief.

Clear Fear – Manage anxiety (designed for young people).

MeeTwo – Anonymously talk to other teens, moderated by experts.

Eating Concerns

Beat Eating Disorders –

<https://www.beateatingdisorders.org.uk>

NHS Live Well – Eating Disorders –

<https://www.nhs.uk/mental-health/conditions/eating-disorders/>